

Castle Pines Foot and Ankle Clinic, PC
Castle Pines Physical Therapy and Spa, PC
7505 Village Square Drive, Suite 101, Castle Pines, CO 80108
P: 303-805-5156

Parker Foot and Ankle Clinic, PC
9397 Crown Crest Boulevard, Alpine Bldg., Suite 311
Parker, Colorado 80138
Fax: 303-805-5157

Name: _____ Date: _____

INITIAL PODIATRIC HISTORY

Description of Symptoms: _____

Injury? Yes No Date of Injury? _____ N/A

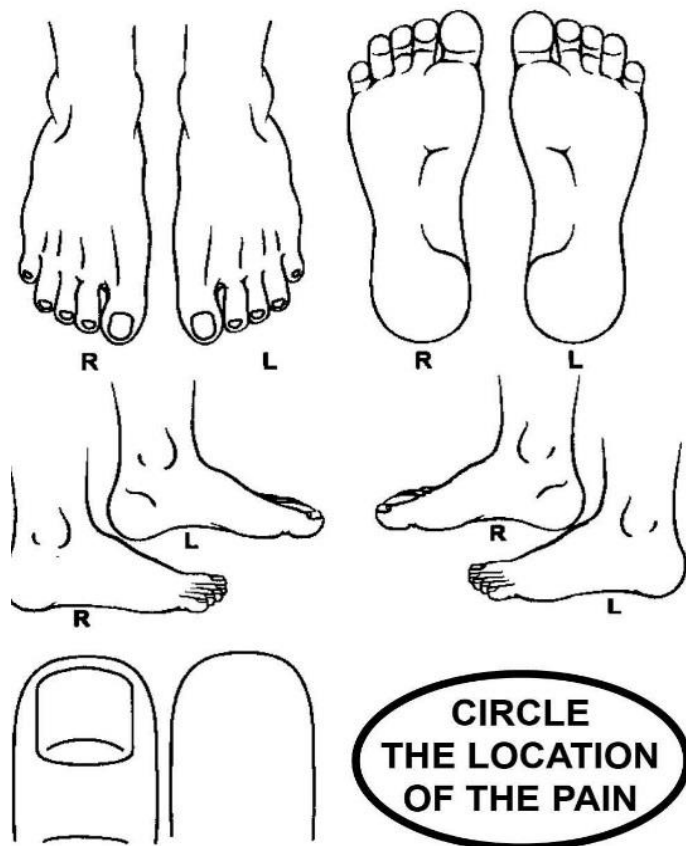
When did your pain/disability start? _____

What makes it hurt? _____

What makes it better? _____

Do you have any other problems with your feet or ankles?

What treatments have you tried?



MEDICAL HISTORY

List all Medical conditions:

List any serious injuries and the age at which they occurred: _____

List all prior surgeries: _____

List any allergies and type of reaction: _____

Pharmacy: _____ Address: _____ Phone: _____

Name: _____ Date: _____

List any medications you take on a daily basis-include pills, injectables, and vitamins: _____

Tobacco Use: Current Former Never If smoker: How many years and how much per day:

Alcohol Use: Yes No How much do you drink: Social Drinker Moderate 1-2 per day More than 2 per day

How often do you exercise: Exercise Regularly Moderate 1-3 times a week Occasionally Never

Height: _____ Weight: _____ Shoe Size: _____ Shoe Width: _____

Are you pregnant? Yes No Delivery Date? _____

Family History: Is there a Family History of any of these disorders?

- Heart Migraines Cancer Kidney Spine Diabetes Gout
 Arthritis Hypertension Liver Mental Allergies Other

General: Date of last exam? _____

- Weight Change Fatigue Sweating/Night sweats Weakness

Gastrointestinal:

- Appetite Change Indigestion Hernia Blood in stool or black stool
 Constipation Change in Bowel Habits Ulcer Nausea, vomiting, diarrhea
 Hepatitis Gall Bladder Problems Painful Swallowing Food intolerance or avoidance
 Abdominal Pain Liver Problems

Genitourinary:

- Painful Urination Prostate Problem Frequency Urgency/incontinence

Neurologic:

- Fainting Convulsions Numbness/Tingling Gait/Coordination Problem
 Speech Problems Paralysis/Weakness

Eyes:

- Vision/Glasses Blurring Floaters Double Vision
 Pain Discharge Cataract Glaucoma

Ears/Nose/Throat:

- Ringing Difficult Hearing Frequency Infection Sinusitis
 Bleeding Discharge Obstruction Postnasal Drip
 Sores Gum Bleeding Teeth Hoarseness
 Dentures Taste

Cardio-vascular:

- Chest Pain Pain over Heart Leg Pain on Walking Tiredness
 Heart Attack High Blood Pressure Rapid Heart Beat Weakness
 Varicose Veins Heart Problems Night Sweats Hands Swelling
 Feet Swelling

Name: _____ Date: _____

Respiratory:

- | | | | |
|--|---|---|--------------------------------|
| <input type="radio"/> Persistent Cough | <input type="radio"/> Difficult Breathing | <input type="radio"/> Bronchitis | <input type="radio"/> Coughing |
| <input type="radio"/> Lung Problems | <input type="radio"/> Coughing Blood | <input type="radio"/> Emphysema | <input type="radio"/> Asthma |
| <input type="radio"/> Wheezing | <input type="radio"/> Hay Fever | <input type="radio"/> Shortness of Breath | |

Integument:

- | | | | |
|---------------------------------|--------------------------------------|------------------------------------|--------------------------------------|
| <input type="radio"/> Itching | <input type="radio"/> Psoriasis | <input type="radio"/> Bruises | <input type="radio"/> Deformed Nails |
| <input type="radio"/> Skin Rash | <input type="radio"/> Abrasions | <input type="radio"/> Ulcerations | <input type="radio"/> Birth Marks |
| <input type="radio"/> Moles | <input type="radio"/> Discolorations | <input type="radio"/> Skin Cancers | <input type="radio"/> Eczema |
| <input type="radio"/> Hives | | | |

Musculoskeletal:

- | | | | |
|-------------------------------------|---------------------------------|---------------------------------|-----------------------------------|
| <input type="radio"/> Arthritis | <input type="radio"/> Stiffness | <input type="radio"/> Club Foot | <input type="radio"/> Muscle Pain |
| <input type="radio"/> Joint Disease | <input type="radio"/> Bursitis | <input type="radio"/> Fractures | <input type="radio"/> Sciatica |
| <input type="radio"/> Sprains | | | |

Allergies:

- | | | | |
|-----------------------------------|-----------------------------------|-------------------------------------|-------------------------------|
| <input type="radio"/> Penicillin | <input type="radio"/> Morphine | <input type="radio"/> Adhesive Tape | <input type="radio"/> Aspirin |
| <input type="radio"/> Sulfa Drugs | <input type="radio"/> Antibiotics | <input type="radio"/> Any Foods | <input type="radio"/> Codeine |

Hematologic:

- | | | | |
|---|-------------------------------------|------------------------------|--------------------------------|
| <input type="radio"/> Bleeding Disorder | <input type="radio"/> Take Coumadin | <input type="radio"/> Anemia | <input type="radio"/> Jaundice |
| <input type="radio"/> Take Aspirin | | | |

Do you have any other medical conditions we did not ask? _____

Signature: _____ Date: _____