



Footcare & Wellness Newsletter

Take care of your feet & they will take care of you!

SPRING 2024



An athlete's feet are essential to their health & overall well-being. A ton of force travels through your bones & tissues every time your foot hits the ground. All of our providers can manage foot care that impacts an athlete's overall health by addressing the overall wear & tear on your feet.

START ON THE RIGHT FOOT WITH THE RIGHT SHOES, RECOMMENDED SPORTS SHOES

While your feet swell & widen during the day we recommend shoe fitting in the afternoon or evening. Try at least 3 different shoe models and compare the shoes on both feet while trying on. The tip of your thumb should fit between the end of the shoe & the end of your longest toe. We recommend shopping for your shoes at a sports specialty store where the staff is trained to help you.



15% OFF

SPRING SPECIAL WITH OUR SHOCKWAVE THERAPY

Restore your mobility without disrupting your busy training schedule with Shockwave Therapy.

FDA approved, it's non-invasive, no downtime treatment to safely & effectively treat bone & soft tissue disorders around the foot & ankle. Effective in treating achilles tendonitis, tendonitis in the arch, plantar fasciitis (heel spurs) & incorrectly healed fractured bones.

A great alternative, cost effective & faster healing!

We Are Now Offering Tolcylen's Novel Cannabinoid Complex with patented Transdermal Medical Grade CBG/CBD Cream in all of our locations!

CALL TO SCHEDULE YOUR APPOINTMENT
303.805.5156 | footdoctorscolorado.com

